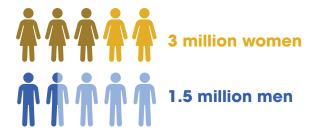
# Dry Eye Disease: How Did We Get Here?

## Prevalence

Who is likely to develop dry eye?

Nearly 5 million Americans 50 years of age or older are estimated to have dry eye



## **Risk Factors**

Common causes of dry eye



Age The majority of people over the age of 65 experience some symptoms of dry eye



### Gender

Women have higher rates due to hormonal changes



### **Medications**

Antihistamines, decongestants, blood pressure medications, and antidepressants



#### Medical Conditions Certain autoimmune

Certain autoimmune diseases, diabetes, and thyroid problems



#### Environmental Conditions

Smoke, wind, dry climates, lengthy screen exposure time without blinking



Other Factors Contact lens use, refractive eye surgeries

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